



TRILIPIX should only be used when other measures, such as diet and exercise, have not been enough. TRILIPIX is a prescription medication used along with diet to lower triglycerides and raise HDL (good) cholesterol in people at high risk of heart disease who have abnormal cholesterol levels and are taking a statin medicine to manage LDL (bad) cholesterol. **TRILIPIX has not been shown to lower your risk of having heart problems or a stroke.**

### Safety Information

TRILIPIX should not be taken by people with liver, gallbladder, or severe kidney disease, or by nursing mothers. TRILIPIX may cause serious muscle problems with symptoms such as unexplained muscle pain, tenderness, or weakness. The risk for these side effects may be higher when TRILIPIX is used with a statin. Blood tests are needed to check for liver problems and may be needed to check for kidney problems. Other serious side effects may include inflammation (swelling) of the gallbladder or pancreas (with symptoms such as abdominal pain, nausea, or vomiting), allergic-type reactions, blood clots, or possible changes in some blood test values.

My next appointment: Date \_\_\_\_\_ Time \_\_\_\_\_

## My Doctor Discussion Guide

### Section 1: Factors Contributing to Unhealthy Cholesterol

- What factors may put me at risk for unhealthy cholesterol levels?
- Which factors do you think contributed to my elevated bad cholesterol (LDL) level?
- What specifically causes high triglyceride levels?
- Which risk factors led you to recommend my current treatment plan?

### Section 2: Understanding the Parts of Cholesterol

- What are all my cholesterol numbers, including bad cholesterol (LDL), good cholesterol (HDL) and triglycerides (trigs) and what do they mean?
- Is my current medication doing enough to help manage my triglyceride levels or do I need something more?
- How can I reduce high triglycerides (trigs)?

### Section 3: Staying on Track

- Are there any changes I can make to my diet and lifestyle to improve my cholesterol?
- Which types of exercise do you recommend for me?
- Do you have any additional tips that may help me stay on track and reach my goals?
- When should I talk to you about scheduling my next lipid panel and follow-up appointment?

### Section 4: About TRILIPIX

- I've heard about TRILIPIX. How does it work?
- Would TRILIPIX be a medication that would support my current treatment plan?
- What are the side effects of TRILIPIX that I should be aware of?
- How will I know TRILIPIX is working for me?

Please see Uses and Important Safety Information on next page.

Please see Full Prescribing Information, including Medication Guide for TRILIPIX at [www.trilipix.com](http://www.trilipix.com) and discuss them with your doctor.



### Notes:

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## Uses and Important Safety Information You Should Know About TRILIPIX<sup>1</sup>

### Uses for TRILIPIX (fenofibric acid) delayed-release capsules

- TRILIPIX should only be used when other measures, such as diet and exercise, have not been enough.
- TRILIPIX is a prescription medication used along with diet to lower triglycerides and raise HDL (good) cholesterol in people at high risk of heart disease who have abnormal cholesterol levels and are taking a statin medicine to manage LDL (bad) cholesterol.
- TRILIPIX is also used along with diet to lower severely high triglycerides. Improving blood sugar control in certain people with diabetes may prevent the need for cholesterol drug therapy.
- TRILIPIX is also used to lower triglycerides and LDL cholesterol, and increase HDL cholesterol in people with abnormal cholesterol levels.
- **TRILIPIX has not been shown to lower your risk of having heart problems or a stroke.**

### Important Safety Information for TRILIPIX

- TRILIPIX should not be taken by people with liver, gallbladder, or severe kidney disease, nursing mothers, or those allergic to any product ingredient.
- TRILIPIX can cause muscle problems. Unexplained muscle pain, tenderness, or weakness may be a sign of a serious muscle problem and should be reported to your healthcare provider right away. Rarely, muscle-related problems can cause kidney damage and can be fatal. The risk of these side effects may be higher when TRILIPIX is used with a statin.
- Tell your healthcare provider about all the medicines you take.
- Some people require blood tests to check for kidney problems while taking TRILIPIX.
- TRILIPIX can cause liver problems. Blood tests are needed before and during treatment with TRILIPIX to check for liver problems.
- TRILIPIX may cause inflammation (swelling) of the gallbladder or pancreas. Contact your healthcare provider if you experience abdominal pain, nausea, or vomiting.
- TRILIPIX may cause allergic-type reactions, blood clots, and possible changes in some blood test values.
- If you are pregnant or may become pregnant, talk with your healthcare provider about TRILIPIX. It is not known if TRILIPIX will harm your unborn baby.
- The most common side effects with TRILIPIX include headache, heartburn, nausea, muscle aches, and increases in muscle or liver enzymes that are measured by blood tests.

**For more information, talk with your healthcare provider.**

**Please see the [Medication Guide](#) and full [Prescribing Information](#) for TRILIPIX and discuss them with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

If you cannot afford your medication, contact: [www.pparx.org](http://www.pparx.org) or call the toll-free phone number 1-888-4PPA-NOW (1-888-477-2669) for assistance.

#### Reference:

1. TRILIPIX [package insert]. North Chicago, IL: Abbott Laboratories.